Integrating Behavioral and Physical Health Care

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AHCCCS by the Numbers

* 1965
* 1,841,997
* 27%
* >60,000
* 32.9 million
* 26,415

* 1982
* 19,726
* 18,394
* 80,000
* 16,551
* 161,086

Reaching across Arizona to provide comprehensive quality health care for those in need
AHCCCS Population Growth as of 7/1/2015

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Health Care in the United States

- Per capita spend?
- Life expectancy?
Commonwealth Fund Study

Life Expectancy in Years

Health spending per capita (USD PPP)

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U.S. Healthcare System (IOM)

- Care delivery has become increasingly fragmented, leading to coordination & communication challenges for patients and clinicians.

- Improved patient engagement is associated with better patient experience, health, and quality of life and better economic outcomes, yet patient and family participation in care remains limited.

- The prevailing approach to paying for health care, based predominantly on individual services and products, encourages wasteful and ineffective care.
Nationally Ineffective System

• Institute of Medicine – Over $750 Billion in “Waste”

• IOM Solutions
  o Science and Informatics
  o Engage and Empower Patients
  o Align Incentives
  o Transparency
  o Culture of Leadership and Learning
AHCCCS Strategic Plan

Reaching Across Arizona to Provide Comprehensive, Quality Health Care for Those in Need

- Bend the cost curve while improving the member’s health outcomes
- Pursue continuous quality improvement
- Reduce fragmentation in healthcare delivery to develop an integrated system of healthcare
- Maintain core organizational capacity, infrastructure and workforce.
Distribution of Medicaid Expenditures Among Medicaid-Only Enrollees

Cumulative percentage of expenditures

<table>
<thead>
<tr>
<th>Fiscal year</th>
<th>2009</th>
<th>2010</th>
<th>2011</th>
</tr>
</thead>
</table>

Highest expenditure enrollees

Lowest expenditure enrollees

48%

5%
GAO Medicaid Spending Report

Duals excluded – 2009-2011 (No Expansion)

• 1% of Population ~ 25% of spend
• 5% ~ 50% of spend
• Bottom 50% ~ 10% of spend

NASMHPD Report

Individuals with a serious mental illness live 25 years less than the general population... 32 years less in Arizona
### GAO - Conditions of Members (％)

<table>
<thead>
<tr>
<th>Condition or service</th>
<th>Asthma</th>
<th>Diabetes</th>
<th>HIV/AIDS</th>
<th>Mental health conditions</th>
<th>Substance abuse</th>
<th>Delivery or childbirth</th>
<th>Long-term care residence</th>
<th>None of the other conditions or services</th>
</tr>
</thead>
<tbody>
<tr>
<td>Asthma</td>
<td>—</td>
<td>24.46</td>
<td>3.90</td>
<td>65.11</td>
<td>29.14</td>
<td>6.50</td>
<td>7.37</td>
<td>17.05</td>
</tr>
<tr>
<td>Diabetes</td>
<td>18.49</td>
<td>—</td>
<td>2.57</td>
<td>52.41</td>
<td>23.86</td>
<td>3.15</td>
<td>12.70</td>
<td>29.67</td>
</tr>
<tr>
<td>HIV/AIDS</td>
<td>17.89</td>
<td>15.57</td>
<td>—</td>
<td>48.13</td>
<td>39.43</td>
<td>2.12</td>
<td>7.52</td>
<td>28.95</td>
</tr>
<tr>
<td>Mental health conditions</td>
<td>17.57</td>
<td>18.71</td>
<td>2.83</td>
<td>—</td>
<td>26.73</td>
<td>4.02</td>
<td>11.85</td>
<td>42.94</td>
</tr>
<tr>
<td>Substance abuse</td>
<td>20.84</td>
<td>22.57</td>
<td>6.14</td>
<td>70.83</td>
<td>—</td>
<td>4.52</td>
<td>10.23</td>
<td>15.56</td>
</tr>
<tr>
<td>Delivery or childbirth</td>
<td>9.28</td>
<td>5.94</td>
<td>0.66</td>
<td>21.29</td>
<td>9.03</td>
<td>—</td>
<td>0.48</td>
<td>66.04</td>
</tr>
<tr>
<td>Long-term care residence</td>
<td>12.53</td>
<td>28.59</td>
<td>2.79</td>
<td>74.71</td>
<td>24.35</td>
<td>0.57</td>
<td>—</td>
<td>14.14</td>
</tr>
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</table>
Why and What to Integrate

• What are the benefits of integrating services?

• What can or should be included in an integrated product?
Reducing fragmentation through integration...

Three levels of integration:

- Administrative
- Plan
- Provider
AHCCCS Initiatives

1. Administrative Simplification

2. Building A Health Care System: Care Coordination and Integration

3. Incentivizing Quality: Payment Modernization

4. Improving Communications: Health Information Technology

5. Connecting Communities: The Importance of Private Sector Partners

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**Milbank Integration Paper**

- Fully Integrated Care – All providers function as a team to provide joint treatment planning and care.

- Single system treating whole person.
Usual Unstructured Patient Care Versus Collaborative Care Management

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Models that integrate mental health and medical care systematically connect mental health and primary care providers to improve their communication and coordination to meet all of the patient’s health needs, no matter where they seek care.

2. SAMHSA and HRSA developed a conceptual framework defining six levels of collaboration spanning three practice structures (coordinated care, colocated care, and integrated care).

3. “Integrated mental health and general medical care models involve the systematic linkage of mental health and primary care providers and require communication or coordination between providers to meet both the mental and general health needs of the patient.”
A Standard Framework for Levels of Integrated Care

**COORDINATED**

- **LEVEL 1** Minimal Collaboration
- **LEVEL 2** Basic Collaboration At a Distance

**CO-LOCATED**

- **Level 3** Basic Collaboration Onsite
- **LEVEL 4** Close Collaboration Onsite with Some Systems Integrated

**INTEGRATED**

- **LEVEL 5** Close Collaboration Approaching an Integrated Practice
- **LEVEL 6** Full Collaboration in Transformed/Merged Integrated Practice

**Tighter Communications**

- "At a Distance Collaboration"

**Increased Interoperability**

- "Sharing the Care"

**One Care Plan:**
- One Care Team; Shared Risk/Reward

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Levels of Collaboration (SAMHSA-HSRA Framework)

Coordinated Care

• Level 1: Minimal collaboration—patients referred to another practice site.
• Level 2: Basic collaboration—providers periodically communicate about shared patients.

Colocated Care

• Level 3: Basic collaboration on site—providers at the same site periodically communicate but maintain separate cultures and separate treatment plans for patients.
• Level 4: Close collaboration on site with some system integration & shared records—providers have some F2F communication about shared patients and feel part of a team.

Integrated Care

• Level 5: Close collaboration approaching an integrated practice—collaborative treatment planning for shared patients, but separate planning for other patients.
• Level 6: Full collaboration in a merged integrated practice for all patients—a team of providers jointly develops a single treatment plan for patients. Patients experience their care as a single system treating the whole person.

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Continuum of Physical and Behavioral Health Care Integration

Coordinated Care
- Screening
- Navigators
- Care & Case Managers

Colocated Care
- Colocation
- Health Homes

Integrated Care
- System-Level Integration

What does integrated care look like within your organization?
FQHC Services

- CPT codes 96150-96155 are reported to describe services, performed to address difficulties associated with an acute or chronic illness, prevention of a physical illness or disability and maintain health, that do not meet criteria for a psychiatric diagnosis.

- G0469 – FQHC visit, mental health, new patient: One or more FQHC services are rendered and includes a typical bundle of Medicare-covered services that would be furnished per diem to a patient receiving a mental health visit.

- G0470 – FQHC visit, mental health, established patient: One or more FQHC services are rendered and includes a typical bundle of Medicare-covered services that would be furnished per diem to a patient receiving a mental health visit.

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## Arizona’s Urban, Rural and Frontier Communities

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<table>
<thead>
<tr>
<th>Location</th>
<th>Population</th>
<th>Sq. Miles</th>
<th>Population Density per Square Mile</th>
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<tbody>
<tr>
<td>Maricopa County</td>
<td>4,087,191</td>
<td>9,200</td>
<td>444</td>
</tr>
<tr>
<td>Pima County</td>
<td>1,004,516</td>
<td>9,187</td>
<td>109</td>
</tr>
<tr>
<td>Remainder of Arizona</td>
<td>1,639,777</td>
<td>95,207</td>
<td>17</td>
</tr>
<tr>
<td>Arizona Total</td>
<td>6,731,484</td>
<td>113,594</td>
<td>59</td>
</tr>
</tbody>
</table>

What does your service delivery model look like throughout Arizona?
Thank you!

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Reaching across Arizona to provide comprehensive, quality health care to those in need
AHCCCS Initiatives

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